



**WINTER SCHEDULE**  
**2023-2024**



<b>MONDAY</b>	<b>WEDNESDAY</b>
4:00 – 4:30 JR/SR SKILLS, DANCE, STROKING	4:00 – 4:30 JR/SR SKILLS, DANCE, STROKING
4:30 – 5:00 JR/SR FREE SKATE (jumps, spins, field movements)	4:30 – 5:00 JR/SR FREE SKATE (jumps, spins, field movements)
<b>5:00-5:50</b> CANSKATE GROUP LESSONS	<b>5:00-5:50</b> CANSKATE GROUP LESSONS
<b>5:20 – 5:50</b> PARENT & TOT/PRECAANSKATE GROUP LESSONS	

**\*\*SKATING BEGINS MONDAY OCTOBER 2\*\***

**THOSE REGISTERING IN THE ADULT SESSION CAN PICK A TIME SLOT TO SKATE**

**\*\*PLEASE NOTE TIME CHANGES FOR THE CANSKATE, PRECAANSKATE AND PARENT AND TOT SESSIONS\*\***