



## WINTER SCHEDULE 2019-2020

“A DAY”

“A DAY”

“A DAY”

“B DAY”

<i><b>MONDAY</b></i>	<i><b>TUESDAY</b></i>	<i><b>WEDNESDAY</b></i>	<i><b>THURSDAY</b></i>
4:00 – 4:30 SR/JR SKILLS & DANCE	4:00 – 4:30 SR/JR FREE SKATE	4:00 – 4:30 SR/JR SKILLS & DANCE	4:00 – 4:30 SR/JR DANCE
4:30 – 5:00 SR/JR FREE SKATE	4:30 – 5:00 SR/JR SKILLS & DANCE	4:30 – 5:00 SR/JR FREE SKATE	4:30 – 5:00 SR/JR SKILLS
5:00 – 5:10 FLOOD	5:00 – 5:10 FLOOD	5:00 – 5:10 FLOOD	5:00 – 5:10 SR/JR STROKING
5:10 – 5:20 CIRCUIT SET-UP AND W/U “FREE TIME” FOR CANSKATE	5:10 – 5:20 CIRCUIT SET-UP AND W/U “FREE TIME” FOR PRECANSKATE	5:10 – 5:20 CIRCUIT SET-UP AND W/U “FREE TIME” FOR CANSKATE	5:10 – 5:50 SR/JR FREESKATE
<b>5:20 – 5:50 CANSKATE GROUP LESSONS</b>	<b>5:20 – 5:50 PRECANSKATE GROUP LESSONS &amp; PARENT &amp; TOT SESSION</b>	<b>5:20 – 5:50 CANSKATE GROUP LESSONS</b>	

\***SUPER STARSKATE** – 2 DAYS PER WEEK ON SR/JR STARSKATE SESSIONS

\***JUNIOR PARTIAL** – 1 CANSKATE DAY + 1 OTHER SR/JR STARSKATE SESSION